River Falls Nutrition Program August 2019 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

Due to circumstances beyond our control, menu changes may occur from time to time

Monday	Tuesday	Wednesday	Thursday	Friday
Suggested Donation for: Congregate Dining: \$5.00 per meal Home-delivered Meals: \$6.50 per meal Please pay as much as you can afford, as we rely on donations from participants to keep the program going.		Why didn't the hotdog star in any movies? He couldn't find a good roll.	1 Chicken A la King Biscuit 5 Way Blend Veggies Chef's Choice Fruit Garlic Bread Dessert	2 Baked Salmon Au Gratin Potato Asparagus Chef's Choice Fruit Dinner Roll Dessert
5 Ham Loaf Au Gratin Potatoes California Blend Veggies Chef's Choice Fruit Sliced Bread Dessert	6 French Onion Chicken Baked Potato Green Beans Chef's Choice Fruit Garlic Biscuit Dessert	7 Pot Roast Mashed Potatoes w/ gravy Rutabaga Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	8 Lasagna Squash Chef's Choice Fruit Garlic Bread Dessert	9 Garlic Shrimp Baby Reds Broccoli Chef's Choice Fruit Dinner Roll Dessert
12 Beef Chow Mein Cass. Stir Fry Veggies Chef's Choice Fruit Egg Roll Dessert	13 Honey Glazed Ham Sweet Potatoes Peas Chef's Choice Fruit Dinner Roll Dessert	14 Seasoned Baked Chicken Mashed Potatoes w/ gravy Winter Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	15 Smothered Pork Chop Baby Reds Carrots Chef's Choice Fruit Garlic Biscuit Dessert	16 Potato Crunch Pollock Baked Potato Cauliflower Chef's Choice Fruit Dinner Roll Dessert
19 Swedish Meatballs Buttered Noodles Carrots Chef's Choice Fruit Bread Stick Dessert	20 Tater Tot Casserole Country Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	21 Oven Roasted Turkey Mashed Potatoes w/ gravy Stuffing & Green Beans Chef's Choice Fruit Dinner Roll Dessert	22 Sausage Spinach Quiche Bacon French Toast Sticks Tater Gems Chef's Choice Fruit Dessert	23 Crispy Fish w/ lemon Au Gratin Potatoes Rutabaga Blend Veggies Chef's Choice Fruit Dinner Roll Dessert
26 Chicken Drumstick Loaded Baked Potato Broccoli Chef's Choice Fruit Garlic Biscuit Dessert	27 Beef Tips White Rice 5 Way Blend Veggies Chef's Choice Fruit Bread Stick Dessert	28 Home Style Meatloaf Mashed Potatoes w/ gravy Country Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	29 Chicken Kiev Au Gratin Potatoes Peas Chef' Choice Fruit Garlic Biscuit Dessert	30 Lemon Baked Cod Baked Potato Carrots Chef's Choice Fruit Dinner Roll Dessert